# **Greenspace and natural environments**

# **Overview**

Opportunity status:	Open		
Type:	Programme		
Opening date:	18 March 2025 at 1:00 pm		
Closing date:	21 April 2026 at 1:00 pm		
Reference ID:	2025269		

# Ready to apply?

Apply for this funding opportunity through our online application form

### Apply now

 $(https://awardsmanagement.nihr.ac.uk/s\_Login.jsp?dest=/Apps/app\_viewopportunity.jsp\%3Fappid\%3D105112\%26nextlevel\%3D1\%26opportunityid\%3D10088022)$ 

### **Recent changes**

 outline application closing date changed from 9 December 2025 to 21 April 2026 – updated all key dates to align with this

Last updated: 25 July 2025

Our <u>Public Health Research (PHR) Programme (https://www.nihr.ac.uk/research-funding/funding-programmes/public-health-research)</u> is looking to fund research which evaluates the health impacts of the interventions which change access to green and blue space.

This is a 2-stage funding opportunity. To apply for the first stage you should submit an outline application. If invited to the second stage, you will then need to complete a full application.

### **Eligibility**

Please see our programme page for further detail on what we will fund.

# **Key dates**

#### 18 March 2025

Outline application opening date

### 21 April 2026

Outline application closing date

# Early May 2026

Notification of decline decision if out of remit or non-competitive

# Early July 2026

Outline application shortlisting decision

# Early July 2026

Full application opening date

# 25 August 2026

Full application closing date

#### Mid November 2026

Full application decision

### Webinar

We held a webinar to support applications for this and our other commissioned funding opportunities on Tuesday 3 June 2025. If you would like a recording and a copy of the slides, please email phr@nihr.ac.uk (mailto:phr@nihr.ac.uk).

### Studies within a trial or review

This funding opportunity is eligible for a SWAT/SWAR (study within a trial or study within a review), which can help significantly improve methodology of future research as well as the host study. Find out about the benefits of SWATs/SWARs and how to include one in your application (/node/65976).

### Apply now

 $(https://awardsmanagement.nihr.ac.uk/s\_Login.jsp?dest=/Apps/app\_viewopportunity.jsp\%3Fappid\%3D1~05112\%26nextlevel\%3D1\%26opportunityid\%3D10088022)$ 

# Research specification

#### Introduction

Our Public Health Research (PHR) Programme invites applications in response to specific research questions. These have been identified, developed and prioritised for their importance to stakeholders including the Department of Health and Social Care and other relevant government departments, devolved administrations, policy makers, local government, commissioners of public health services, public health leaders, public health practitioners, the third sector and the general public.

# **Research question**

What are the health impacts of the interventions which change access to green and blue space?

### **Background**

Access to greenspace is essential for public health, offering benefits such as physical activity, stress reduction, social connection and stronger communities. Access to natural environments has also been associated with faster patient recovery rates in healthcare settings. Disadvantaged groups – particularly those in deprived areas, minority ethnic communities and younger populations – are disproportionately affected by limited access to these spaces, exacerbating health inequalities. Given that vulnerable populations face higher risks of chronic conditions such as obesity, diabetes and mental health disorders, ensuring equitable access to quality green spaces is vital for reducing disparities.

However, urbanisation, population growth, and competing land demands are diminishing green and blue spaces across the UK, making their protection and accessibility increasingly important. While these spaces are generally integrated into urban planning policies, uncertainties around their availability and access continue to limit engagement. Initiatives like Biodiversity Net Gain, Environmental Net Gain, and designations such as Local Green Spaces and Green/Grey Belt in England could further enhance public health, yet their impact on health outcomes remains underevaluated.

Investing in green infrastructure also yields significant economic benefits. Estimates suggest that universal access to green spaces in England could save the healthcare system £2.1 billion annually by encouraging physical activity. In Birmingham, the societal value of parks and green spaces reaches nearly £600 million per year, with £192 million attributed to health improvements. Similarly, in Sheffield, every £1 spent on park maintenance generates £34 in healthcare savings. The financial value of green spaces is also reflected in property prices, with homes within 100 metres of public green areas commanding an average premium of £2,500 compared to those farther away. Inadequate funding and maintenance contribute to a decline in these areas, undermining both public health and community cohesion.

# **Funding opportunity scope**

Our PHR Programme is interested in research evaluating interventions that aim to enhance health and well-being through improved access to greenspaces and natural environments. Evaluations may encompass both innovative, smaller-scale public health initiatives and broader, community-level strategies aimed at increasing access to green and blue spaces. We are also interested in the evaluation of interventions not specifically aimed at access, but which positively or negatively impact access. Evaluations should be clear about definitions of green and blue spaces from the outset to avoid generalising the natural environment and ignoring their ecosystemic and geography-sensitive characteristics.

Additionally, we seek to understand the key features and characteristics of effective interventions that promote access to greenspaces, offering insights into scalable and adaptable approaches. For example, studies such as the Defra Green Social Prescribing programme demonstrate how connecting individuals to nature through social prescribing can support mental health and well-being. Comparative studies examining outcomes in communities with interventions that impact access to greenspaces versus those with limited availability are particularly encouraged. Understanding the contextual factors influencing the effectiveness of these interventions will be crucial for generalising findings and supporting evidence-based policy decisions to promote population health.

Research into the effectiveness of interventions should thoroughly identify and articulate the existing evidence base related to their intervention of choice, highlight any research gaps and outline how their study intends to address these gaps. Furthermore, where applicable, research should integrate a wide array of existing evidence outputs with their findings to foster a comprehensive societal approach.

Research areas of interest could include, but are not limited to:

- evaluation of interventions that address both barriers to knowledge and physical access to green and blue spaces, including community perspectives on perceived safety concerns, lack of awareness and physical distance
- studies of knowledge-building interventions, such as information campaigns, designed to raise community awareness of existing green and blue spaces, encouraging broader and more informed usage across different populations (as well as determinants such as socio-cultural norms, attitudes and historical legacies)
- research on the impact of infrastructure (urban planning and transportation) and decision-making on equitable access to green and blue spaces, particularly in marginalised communities. This includes examining how planning, such as inclusive designs and lighting maintenance, can improve safety while meeting other objectives such as housebuilding and regeneration. This also includes how transport improvements can reduce physical distance barriers, and the prioritisation of green and blue spaces within walking distance of disadvantaged areas
- studies of the impact of specific infrastructure improvements in quality and quantity, such as transportation links, pathways, and signage, which can enhance physical access to natural spaces for disadvantaged communities

- urban planning interventions that promote health through maintaining and enhancing green and blue spaces, improving transportation and access to parks and leisure facilities, or creating new areas to for biodiversity and wildlife conservation. You may also wish to explore collaborative interventions across sectors and organisations
- studies of community-level Interventions that enhance access, cultural sensitivity and
  inclusiveness for vulnerable populations, such as minority ethnic groups, women, people with
  disabilities and economically disadvantaged individuals. This might include actions that
  increase community agency, choice and engagement, focusing on systemic improvements
  rather than individual-level research such as educational interventions
- studies of interventions that improve safety and promote inclusive activities for women, older populations, marginalised peoples, families and children, like park runs or scouting initiatives that encourage lifelong engagement with outdoor spaces and alleviate parental concerns about safety
- research on the impact of specific nature-based interventions in specific settings such as
  hospitals, NHS or healthcare, schools, housing regeneration or commercial premises, and the
  nature of the impact (both positive and negative) on the receptor population groups such as
  patients, disadvantaged communities, children and young people or office workers

Ensuring the findings are generalisable will help decision-makers implement evidence-based strategies to improve population health.

When considering whether to apply, please see the key information below. When developing your application, please consider contacting the <u>Research Support Service Specialist Centre for Public Health (https://forms.office.com/e/gxBBnB6d6M)</u> and refer to the guidance notes, paying particular attention to the points highlighted below:

#### Population (P)

While this funding opportunity is broad in scope, your application should specify and justify your choice of population. We recognise that interventions are likely to impact different (sub)populations in different ways. Of particular relevance to this brief, might be specific cultural groups, vulnerable groups, people with disabilities and economically disadvantaged groups.

#### Intervention (I)

We are interested in the evaluation of interventions that operate at a population level rather than at an individual level. Our PHR Programme does not fund research into the treatment of disease, but

we are interested in research that addresses the wider determinants of health. The programme does not fund projects focused on individual-level interventions, such as social prescribing. The description of the intervention may include the setting.

#### Comparator (C)

While we recognise that conducting a randomised controlled trial is not necessarily possible or appropriate in many situations, we encourage you to consider including a suitable comparator.

#### Outcomes (O)

The primary outcome must be a health outcome. You will need to clearly describe and justify your choice of primary and secondary outcomes. You will need to specify how outcomes will be measured in the short, medium, and long term. Where a primary health outcome is not feasible then intermediary and proxy outcomes are accepted, if appropriately justified. For example, suitable alternatives might include measurable changes in physical activity or a robust mental health outcome. Self-reported well-being scores alone, however, are not sufficient — instead, consider tangible metrics such as reduced antidepressant prescriptions, fewer GP visits or reduced hospital admissions.

#### **Health inequalities**

Of particular importance to us is an understanding of inequalities in impact of policy and access to services. Evaluations of interventions seeking to reduce health inequalities are also of specific interest. We acknowledge that interventions can affect various (sub)populations differently, including specific cultural groups, vulnerable groups, people with disabilities, and economically disadvantaged populations. Given the complex nature of population needs, we encourage you to clearly define and substantiate both your selected interventions and target populations.

# Study design

A range of study designs can be used. Innovative methodologies are welcomed. You should clearly describe your methodological approach, and the rationale for this approach. We recognise that this call is broad and expects you to be targeted in your research. You are expected to be aware of any policy changes that may influence the research as well as other relevant studies. You should identify the gaps in the existing evidence base and articulate why your research is important for decision makers.

Health economics – understanding the value of public health interventions and whether the outcomes justify their use of resources – is integral to our PHR Programme, where resources relating to different economic sectors and budgets are potentially relevant. The main outcomes for economic evaluation are expected to include health (including health-related quality of life) and the impact on health inequalities as a minimum, with consideration of broader outcomes welcomed.

Different approaches to economic evaluation are encouraged as long as they assess the value and distributive impact of interventions. Applications that do not include an economic component should provide appropriate justification.

### **Outputs**

Pathways to Impact – we are focused on the impact of the research we fund. You are asked to consider the timing and nature of deliverables in your proposals, and encouraged to maximise the impact of your research by explaining how you will mobilise knowledge and ensure that it is useful and relevant to stakeholders such as policy makers, practitioners (e.g. educators, health and care professionals), local government, public health officers, special interest groups, charities, community audiences and other stakeholders.

#### **Duration and costs**

You are advised that we are custodians of public funds and value for money is one of the key criteria that peer reviewers and commissioning committee members will assess applications against.

### **Eligibility**

Eligibility for the programme is laid out in our Standard Information for Applicants and applies to all funding opportunities unless otherwise stated in the individual research specification.

#### **NIHR Research inclusion**

In line with the <u>NIHR principles of inclusion (/about-us/who-we-are/research-inclusion)</u>, it is important that you fully consider inclusion throughout the whole research lifecycle and provide information on any associated costs.

This includes (but is not limited to):

- your research design
- the participants you recruit and how you have considered diverse, under-served populations,
   health inequalities and exclusion criteria
- · research methods
- data and statistical analysis
- knowledge mobilisation and dissemination of findings

# **Application guidance**

Please read the following guidance to help you complete your application:

- domestic outline application guidance (https://www.nihr.ac.uk/research-funding/applicationsupport/guidance/domestic-programmes-outline-application-guidance): this lists the fields that appear in the awards management system and explains what information you need to include for each one
- PHR Programme application guidance: see the information below for specific requirements our
   PHR Programme looks for in applications
- PHR Programme page (https://www.nihr.ac.uk/research-funding/funding-programmes/public-health-research): details about the programme remit
- <u>funding assessment criteria</u> (https://www.nihr.ac.uk/research-funding/application-support/domestic-funding-programmes-assessment-criteria)
- research inclusion guidance (https://www.nihr.ac.uk/about-us/who-we-are/research-inclusion/funding-application-guidance): it is important that you fully consider inclusion throughout the whole research life cycle
- <u>finance guidance for applicants (https://www.nihr.ac.uk/research-funding/application-support/guidance/finance-guidance-for-applicants)</u>
- public health specific public involvement guidance from the Research Support Service
   (https://sites.google.com/view/nihrrssscph/public-and-community-partnerships/public-and-community-partnerships-guidance)

# Research plan

Write a maximum of 5 A4 pages for your research plan. This should include all sections and figures. When reviewing applications, we will not consider any additional information over this 5 page limit.

# **Background and rationale**

Refer to the domestic outline application guidance for details on what to include.

# Aims and objectives

Refer to the domestic outline application guidance for details on what to include.

### Methodology/plan

For the 'Methodology/plan' section, please include the information below.

### 1. Project design and methods

Please provide the precise aims and research questions your project will address, justifying these by referencing relevant literature. You may like to present these in a PICOST format (Population, Intervention, Comparator, Outcome(s), Setting and Timing).

Summarise your project plan plus any additional points required to support statements made in the previous sections of your application. Include any key references required to justify the points made, for example the use of particular outcome measures or methods of analysis.

When the <u>Prioritisation Committee (https://www.nihr.ac.uk/research-funding/funding-programmes/public-health-research/phr-prioritisation-committee-members)</u> assesses your outline application they will look at whether your proposal addresses the public health need, value and importance of the research question. Will your research provide the evidence needed by decision makers on a prominent public health issue, and will it reduce inequalities in health? If the Prioritisation Committee does not consider that your proposal is of sufficient importance, they will decline your application at this stage.

The Funding Committee (https://www.nihr.ac.uk/research-funding/funding-programmes/public-health-research/phr-committee-members) will need to be able to clearly identify from your proposal the planned development of the intervention and what stage it has reached that is whether it's a feasibility, pilot or definitive study. If you are proposing a definitive study, please demonstrate that there is sufficient evidence from preliminary studies to justify this. If you cannot, you may wish to apply to the PHR Programme for funding of a pilot or feasibility study. For applications citing pilot studies, you should provide information on how the pilot has informed the proposed study and details of all the available pilot data.

Our aim is to ensure that the findings from the research we fund benefits as many people as possible. The Funding Committee will therefore look for evidence that the findings will be generalisable beyond the participant group for your study.

#### Research design

- For primary research: clearly summarise your study design.
  - Include all of its components (for example primary and secondary outcomes, process and economic evaluations) and relevant time points for baseline and follow-up data collection for each component.

- You should reference established research techniques, providing details of how exposure to the intervention will be determined or defined.
- You should fully explain and justify any adaptations of these for the purposes of the research proposed.
- For evidence synthesis: if you are proposing a systematic review and/or an evidence synthesis, you should provide details regarding the size of the available literature base, along with details of the search and review strategy.

If your application proposes to carry out feasibility and/or pilot studies or is staged (for example, full effectiveness evaluations with a built in pilot phase), you should include clear criteria against which to judge whether progression to the next stage is justified. If you are proposing an evaluation of effectiveness, you should detail any prior scoping, feasibility and/or pilot work and, where appropriate, how the progression criteria of any feasibility and/or pilot study has been met. There are no set progression criteria to use but you should aim to explain whether the uncertainties which need to be addressed have been determined, or how they will be. This will give confidence that a full evaluation is feasible.

Examples of progression criteria could include, but are not limited to:

- can or did you recruit people or centres within a reasonable time span and retain them to follow-up?
- is or was the intervention sufficiently acceptable and feasible to implement?
- can the intervention be delivered with reasonable fidelity?
- do you have commitment to fund the intervention for the duration of the study?
- can the outcome measures be measured across your target population?
- is the underlying question still the same or has the context changed?

Please note that the criteria listed above should be used as a guide only. It does not represent a comprehensive list of all the progression criteria that should be included within an application for a feasibility/pilot study. It is also not a comprehensive list for which feasibility will need to be evidenced in an application for an evaluation of effectiveness.

#### Evaluation

You should include details of the intervention(s) or policy under evaluation, such as:

• its components and their frequency and intensity

- theoretical basis
- · specific techniques used
- modes of delivery
- who will deliver the intervention

You may like to refer to the <u>TiDIER guidance on reporting interventions (https://www.equator-network.org/reporting-guidelines/tidier/)</u> (Template for Intervention Description and Replication). Providing a clear description of what is being evaluated or studied is key to justifying the need, value and importance of a study. It is also essential to explain to our Funding Committee how your study design is fit for purpose. We have a broad view on what constitutes an 'intervention' or policy under evaluation.

#### Control or comparator group

Please state what comparator(s) will be used in your study. Justify its appropriateness for answering the research question, and describe how it will be selected.

#### **Study population**

Which population(s) will be the target for the intervention and the participants in the research? How will the population(s) be recruited and retained?

#### **Setting**

Where will the research be undertaken and the intervention delivered?

#### **Outcome measures**

Please state and justify the primary and secondary outcome measures.

#### Methods for data collection

For each outcome, process or economic study component proposed, please state the source of the data that will be analysed. Where this is primary data collection, please state the quantitative and/or qualitative method used where appropriate. Where this is secondary data, please describe the characteristics of the dataset and the process by which access will be obtained.

Primary outcomes must be health related. The PHR Programme will accept proxy measures for health as long as they are appropriately defined and the link to health is clearly justified. You are encouraged to consider additional outcome measures including those relating to the broader determinants of health and health inequalities, which should be specified and justified. When describing your approach to health inequalities, please give details of relevant health inequalities related to your study; the nature of the inequality and the definition of the population groups.

#### Sample size

Please describe and justify the proposed sample size for each element of the study. Justify the values used in the calculation by giving their source and/or some sensitivity around assumed values.

#### **Data and analysis**

Please detail how you will analyse each study data set. Clearly state the purpose of any analysis. You must state the proposed type and frequency of analyses including the selection of participants who will be included in the analyses. Describe any planned interim and sub-group analyses, sensitivity analysis and how missing data will be handled.

#### **Health economics**

Understanding the value of public health interventions – whether the outcomes justify their use of resources – is integral to the PHR Programme. The main outcomes for the economic evaluation are expected to include health (including health-related quality of life) and impact on health inequalities, with consideration of broader outcomes welcomed. Your economic evaluation should make clear where resources relate to different economic sectors and budgets. We encourage different approaches to economic evaluation as long as they assess the value and distributive impact of interventions. If your application does not assess distributive impact of interventions or does not include an economic component, you should provide appropriate justification.

#### Stakeholder engagement

You are strongly encouraged to ensure that a wide range of stakeholders are meaningfully involved in the design and planning of the research and throughout the work. Examples of stakeholders include decision-makers, commissioners, members of the public, and people with lived experience. You might do this through involving them as costed or rewarded members of the research team.

#### 2. Timeline and milestones

For your project, please provide a clear indication of the study timescale and dates by which key milestones should be achieved.

### 3. Study management

Please state how your study will be managed, and who will manage it.

Where applicable, this section should also describe how any conflicts of interest will be managed, such as involving stakeholders with a financial or non-financial interest in the intervention within the study team or as collaborators. The research we fund must be independent. Where there is a conflict of interest, you should consider the role of the conflicted person(s) or organisation and how the study is set up and delivered, from study design through to reporting, to ensure that any potential bias is minimised. Also, where a study involves an existing intervention delivered by an organisation on a commercial basis, you should clearly justify why the evaluation should be

supported via public funds and not privately financed.

#### Research governance and ethical approval

Please indicate what research governance issues will need to be addressed in your research and state how you will seek and obtain ethical approval. You must either comply with the research ethics framework formulated by the Economic and Social Research Council (ESRC) or obtain approval via the National Research Ethics Service (NRES).

Please note that we will check all proposals recommended for funding which involve a clinical trial. We check for potential overlaps using <a href="https://trialsearch.who.int/">WHO trials (https://trialsearch.who.int/</a>) before we communicate any funding decision. Consequently, a funding recommendation may not be taken forward if a major overlap is identified at this stage. It is therefore important that you highlight any potential overlaps before your application is considered by the Funding Committee. You should then explain how you expect your proposed research will add to the body of knowledge, referring to current policy and practice.

#### 4. Working in partnership with those affected by your research

Refer to the domestic outline application guidance for details on what to include.

#### 5. Knowledge mobilisation, dissemination and impact

Refer to the domestic outline application guidance for details on what to include.

#### 6. Your research team

Refer to the roles and relevant expertise of specific applicants as appropriate. See the domestic outline application guidance for more details on what to include.

#### 7. Inclusive research

Refer to the domestic outline application guidance for details on what to include.

#### 8. Intellectual property or commercialisation

Refer to the domestic outline application guidance for details on what to include.

# **Uploads**

Please add the following to the 'Uploads' section of your application. Please note that any additional uploads not required at the outline stage, or larger than the stated limits, may be removed without notice.

### Flow diagram (mandatory for PHR)

Upload a flow diagram on a single side of A4. The diagram should illustrate the study design and the flow of participants, if appropriate. If your project consists of more than one work package, consider a diagram that conveys the sequence and timing of research packages as well as how the work packages are linked.

### Logic model (mandatory for PHR)

Upload a 1 page logic model depicting your theory of change, to help explain the intervention being evaluated.

### References (mandatory)

Upload 1 A4 page of references.

### Flexible upload (not permitted)

Not permitted at outline stage. If shortlisted to submit a full application, letters of support are permitted at that stage.

### **Further help**

- Research Support Service Specialist Centre for Public Health. (https://www.nihr.ac.uk/support-and-services/research-support-service/public-health-specialist-centre)
- We encourage you to watch a video from the Prioritisation Committee on <u>'Engaging and responding to the public health community'</u>
   (https://www.youtube.com/watch?v=pUVuDft0mal&feature=youtu.be).
- We encourage you to watch a video from the Funding Committee on <u>'Advice on applying for funding'</u> (https://www.youtube.com/watch?v=-mFJ3nO8oxc&feature=youtu.be).
- Another useful resource is our <u>public health blog post written by Professor Frank Kee</u>
   (https://www.nihr.ac.uk/blog/public-health-research-you-cant-ignore-the-latest-trends/11015).

# Recent changes

• outline application closing date changed from 9 December 2025 to 21 April 2026

Last updated: 25 July 2025

# **Application process**

Find out how to apply for this funding opportunity and what you need to do to get your application ready.

# How to apply

Log in to our application system to apply

(https://awardsmanagement.nihr.ac.uk/s\_Login.jsp?dest=/Apps/app\_viewopportunity.jsp%3Fappid%3D10511 2%26nextlevel%3D1%26opportunityid%3D10088022). This funding opportunity is on our new awards management system and you will need to create a new account if you do not have one already.

The closing date is 21 April 2026 at 1pm. Applications received after 1pm on the closing date will not be considered.

Please read all guidance detailed in the 'Application guidance' section of this funding opportunity.

### **Download application form template**

You can download a Word document template of the application form below. Please use this template as a guide only, to help you prepare your application. For example, to see how many characters are accepted in each section and to see how information in the form is laid out. Please do not try to use this as an application form; it cannot be submitted as an application. You must submit your application online via our awards management system.

(/media/24286/download/)

domestic-outline-application-form-template.docx

**DOCX** 

Last updated: 26 November 2025

Download document (2.32 MB)

### Research inclusion and reasonable adjustments

At NIHR we are committed to <u>creating a diverse and inclusive culture</u> (/about-us/who-we-are/research-inclusion). We encourage applications from people from all backgrounds and communities bringing diverse skills and experiences. If you need any reasonable adjustments throughout the application process, please contact the programme team via the information in the Contact Details tab.

# **Research Support Service**

Got a research idea and not sure how to turn it into a funding application? The NIHR Research Support Service (RSS) (/node/48001) supports researchers in England to apply for funding. It can help you develop and deliver clinical and applied health, social care and public health research post award.

Please speak to the NIHR Specialist Centre for Public Health (SCPH) (/support-and-services/research-support-service/public-health-specialist-centre) about the design of your research as soon as possible by completing their online form

(https://forms.office.com/pages/responsepage.aspx?id=yRJQnBa2wkSpF2aBT74-h0kWZblocV1JrrOy6kkhN6hUMzVGSktGTVczNTQwWEZFSDhTM0hBQlFONCQlQCN0PWcu&route=shorturl). A successful application takes a long time (several months) to develop.

### **Research support (Wales)**

If you and your team are based in Wales, please contact <u>Health and Care Research Wales</u> (<a href="https://healthandcareresearchwales.org/support-and-guidance/for-researchers">https://healthandcareresearchwales.org/support-and-guidance/for-researchers</a>) for support with your application.

### **Contact Details**

- For help with your application contact phr@nihr.ac.uk (mailto:phr@nihr.ac.uk).
- For more information about the funding programme, visit the PHR page (/node/62916).
- For help developing your application, if in England, contact the <u>Research Support Service</u>
   (<a href="https://www.nihr.ac.uk/explore-nihr/support/research-support-service/">https://www.nihr.ac.uk/explore-nihr/support/research-support-service/</a>).